

Tarot Journal

Begin each day by drawing one card at random. Look at it, spend some time with the card and then start writing.

Write the date

Write the name of the card

Answer these reflection questions:

What do I see on the card?

What colors do I see?

What humans, mythical beings or animals do I see?

What are the relationships between the humans, mythical beings and animals? What objects do I see?

What's the environment?

What kinds of buildings do I see?

What natural elements do I see?

What emotions are reflected in the card?

Write what you guess the card might mean.

At the end of the day, look back on the card you drew that morning and how the energy of that card was reflected in your day.

To learn how to begin to use the tarot, listen to the Magic and the Law of Attraction Podcast - Episode 7: How Can I Learn the Tarot?

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